

Susie Reynolds Reece

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Presentations Include

1. Becoming a 501c3 1-2 hours
2. Bullying 1-2 Hours
3. Cyberbullying 1- 2 Hours
4. Crisis Text Presentation 20-30 Min
5. Suicide Prevention Allies Services 1 Hour
6. Conference Planning and Hosting 2 Hours
7. Internet Safety and Cyberbullying 1-2 Hours
8. Military/ Veterans Suicide Prevention 1-2 Hours
9. Social Emotional Learning 1-2 Hours
10. Senior Suicide Prevention 1-2 Hours
11. Youth Suicide Prevention 1-2 Hours
12. General PUBLIC Suicide Prevention 1-2 Hours
13. Postvention 2 Hours
14. Prescription Drug Prevention 1-2 Hours
15. Prison Suicide Prevention 2-3 Hours
16. Schools and Suicide Liability Prevention 1-2 Hours
17. Effective Presentations 1-2 Hours
18. Resilience 1-2 Hours
19. Self-Harm and Suicide Prevention 1-2 Hours
20. Addiction, Abuse, Misuse 2-3 Hours
21. Neuroscience Mental Health and Addiction 2-3 Hours
22. Law Enforcement Suicide Prevention 1-2 Hours
23. Healthcare Suicide Prevention 1-2 Hours
24. Social Emotional Learning- Stand Alone 1-2 Hours
25. Domestic Violence 1-2 Hours
26. Human Trafficking 1-2 Hours
27. Adverse Childhood Experiences 1-2 Hours
28. Mental Health Disorders 1-2 Hours
29. Stigma 1 Hour
30. Sexual Assault and Trauma 1-2 Hours
31. Safe Story Telling and Presenting 2 Hours
32. Positive Psychology 1-2 Hours
33. Bystander Intervention 1-2 Hours

Currently Available Data Driven Presentations Include:

1. APNA 1 Hour,
2. EMS Suicide Prevention 1-2 Hours (will be converted to High Quality Presentation,
3. Arkansas Suicide Data 2017 30- 1 Hour,
4. Regional Prevention Provider Training 1-2 Hours

Keynotes:

CUSTOM Keynote Presentation 45 Min- 1 Hour

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Trainings Include

1. The Art of Safe Storytelling Training 8 Hours

Audience Type: Any

Program Includes Restrictions and Attendance Max Size

Pre-Program Needs Must be Met Prior to Event Start

2. Not Just Responding Training 16 Hours

Audience Type: First Responders Only

Program Includes Restrictions and Attendance Max Size

3. Enforcing Our Lives Training 16 Hours

Audience Type: Law Enforcement Only

Program Includes Restrictions and Attendance Max Size

4. More than Minor Struggles Training 16 Hours

Audience Type: Ages 15 – 19

Program Includes Restrictions and Attendance Max Size

5. More than Minor Struggles Training 16 Hours

Audience Type: Ages 15 – 19

Program Includes Restrictions and Attendance Max Size

Additional Wellness Supports Must be Provided

6. Train the Trainer Specialized Public Health Skills Training 40 Hours

Audience Type: Any

Program Includes Restrictions and Attendance Max Size

Pre-Program Needs Must be Met Prior to Event Start

7. Coalition Building Training 4-8 hours

Audience Type: Ideal for Coalition Members or New Nonprofit Groups

Program Includes Restrictions and Attendance Max Size

Pre-Program Needs Must be Met Prior to Event Start

8. Bystander Intervention 8 Hours

Audience Type: Any Aged 13 and UP

Program Includes Restrictions and Attendance Max Size

All trainings require setup and coordination time in order to be most effective. Minimum of 8 weeks' notice required to request a training.

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Most Requested Content Overviews and Recommendations:

Suicide Prevention: An Introductory Overview

This course is ideal for the general public and covers the broad subject of suicide prevention. Presenter will cover the standard areas of warning signs, risk factors, and protective factors for those at risk of suicide. Beyond the standards, the presenter will highlight the history of suicide and the stigma, often found in Western Culture. The course will also engage the audience to better understand that depression and suicide, does in fact, start within the brain as a physical disease. Presenter will leave the audience with a resonating call to action so they are empowered to take suicide prevention back to their workplaces, homes, and communities.

Ideal Course Length: 1-2 Hours

Audience: Any

Room Needs: Video for PowerPoint and possible microphone setup for groups larger than 50

Restrictions: Not recommended for anyone who has suffered a suicide loss within the past 6 months and is not in a healthy stage of their recovery process.

Trigger Warnings: May elicit strong emotions to those who have suffered a suicide loss, or made a previous attempt.

Recommended: Organizing group could provide an onsite counselor to address any individual who may have emotional or mental health issues. If a counselor cannot be provided, please let the presenter know no less than 6 weeks in advance of event date and one can be arranged.

Youth Suicide Prevention: An Introductory Overview

Participants will be introduced to a brief overview of the history of suicide and how it created today's stigma around the issue. Participants will be able to identify common misperceptions associated with mental health, mental illness, and suicide. The audience will learn associations between the brain and the effects of depression on the physical and emotional person; and learn to differentiate between risk factors and warning signs. Attendees will also learn how to effectively connect persons at risk to caregivers, as well as, the importance of normalizing a help seeking environment.

Ideal Course Length: 1-2 Hours

Audience: Youth Aged 15 and Up and Youth Serving Individuals

Room Needs: Video for PowerPoint and possible microphone setup for groups larger than 50

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Restrictions: Not recommended for anyone who has suffered a suicide loss within the past 6 months and is not in a healthy stage of their recovery process.

Trigger Warnings: May elicit strong emotions to those who have suffered a suicide loss, or made a previous attempt.

Recommended: Organizing group could provide an onsite counselor to address any individual who may have emotional or mental health issues. If a counselor cannot be provided, please let the presenter know no less than 6 weeks in advance of event date and one can be arranged.

Schools and Suicide Prevention Liability

This course is ideal for the school and higher education setting and covers the scope of schools and suicide prevention. Presenter will cover the standard areas of warning signs, risk factors, and protective factors for those at risk of suicide within the school setting. Presenter will highlight the roles of schools in regards to prevention planning for at risk students. The course will cover Arkansas' suicide prevention legislation and the future of suicide prevention within the state. Presenter will cover the need for a suicide prevention plan for all organizations, workplaces, and communities. Presenter will also make available a template for a comprehensive suicide prevention plan for any agencies wanting to incorporate one into their existing infrastructure.

Ideal Course Length: 1-2 Hours

Audience: Ideal for school and Higher Education administrators, staff, faculty, school resource officers, parents, and students.

Room Needs: Video for PowerPoint and possible microphone setup for groups larger than 50

Restrictions: Not recommended for anyone who has suffered a suicide loss within the past 6 months and is not in a healthy stage of their recovery process.

Trigger Warnings: May elicit strong emotions to those who have suffered a suicide loss, or made a previous attempt, or for organizations who have suffered a loss.

Recommended: Organizing group could provide an onsite counselor to address any individual who may have emotional or mental health issues. If a counselor cannot be provided, please let the presenter know no less than 6 weeks in advance of event date and one can be arranged.

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Suicide Postvention The Circle of Care: Communicating through Coping and Courage after a Loss

This course is ideal for any group or organization looking to incorporate postvention care into their policies and protocols it covers the scope of suicide prevention, intervention, and postvention. Presenter will cover the standard areas of protective factors, holistic care, and grief for those exposed and affected by suicide within any organizational setting. Presenter will highlight the roles of organizations in regards to postvention planning for those affected. The course will cover a step by step plan to ensure that those affected are care for, your organization's communication must do's and don't do's, and how to move forward after a suicide incident. Presenter will cover the need for a suicide prevention plan for all organizations, workplaces, and communities. Presenter will also make available a template for a comprehensive suicide prevention plan for any agencies wanting to incorporate one into their existing infrastructure.

Ideal Course Length: 2-3 Hours

Audience: Ideal for school and Higher Education administrators, staff, faculty, school resource officers, parents, community organizations, funeral home directors, recovery and support group leaders and members, and survivors of loss or attempts.

Room Needs: Video for PowerPoint and possible microphone setup for groups larger than 50

Restrictions: Not recommended for anyone who has suffered a suicide loss within the past 6 months and is not in a healthy stage of their recovery process.

Trigger Warnings: May elicit strong emotions to those who have suffered a suicide loss, or made a previous attempt.

Recommended: Organizing group could provide an onsite counselor to address any individual who may have emotional or mental health issues. If a counselor cannot be provided, please let the presenter know no less than 6 weeks in advance of event date and one can be arranged.

Bystander Intervention Training

Have you ever wished you could've done something differently in a situation AFTER it happened? Bystander Intervention addresses that very sense of regret and gives you options on how you can proactively make a difference in the world around you. This training addresses reasons those who witness incidents may think they are incapable of acting and offer ideas on how to address uncomfortable situations.

Ideal Course Length: 2-8 Hours

Bystander Intervention training will address reasons those who witness incidents may think they are incapable of acting and offer ideas on how to comfortably address uncomfortable situations.

Intervention can be done in subtle ways from starting a conversation to distraction. Bystanders can

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address uncomfortable situations head on in safe manners thereby setting a standard that some behaviors aren't tolerated.

Audience: Any

Restrictions: None

Room Needs: Video for PowerPoint and possible microphone setup for groups larger than 50

Trigger Warnings: May elicit strong emotions to those who have suffered victimization surrounding sexual assault, domestic violence, child abuse, bullying or suicide.

Recommended: None

Available Best Practice Trainings:

Talk Saves Lives (Best Practice) 2 Hours

More than Sad (Best Practice) 1 Hour

Evidenced-Based Practices: Non Customizable Programs

safeTALK Training (Evidence Based Program created by LivingWorks -Canada) 4 Hours

safeTALK is a 4 hour introductory course on suicide prevention. It aims to address long standing myths by educating attendees on this community health issue. safeTALK also allows attendees to vocalize and learn the safest ways to discuss this problem with a person in crisis. It is a top-tier evidence based program created by LivingWorks.

safeTALK is an education based workshop that focuses on connecting any person in crisis to community resources. Please be advised that the content contained in this programming is sensitive and can trigger those who are currently suffering from mental health issues or suicidal ideation. This training is not intended for those who have recently lost a loved one to suicide.

Applied Suicide Intervention Skills Training (ASIST Evidence-Based Program created by LivingWorks- Canada) 2 *Mandatory* Days

- Spot the signs that someone may be having thoughts of suicide.
- Have confidence not to miss, dismiss, or avoid these signs.
- Be ready, willing, and able to apply "Suicide First Aid."
- Keep the person safe by creating a Safe Plan.
- Connect them to other resources.

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Please be advised that the content contained in this programming is sensitive and can trigger those who are currently suffering from mental health issues or suicidal ideation. The Applied Suicide Intervention Skills Training (ASIST) is a 2 (Mandatory) Consecutive Days suicide awareness and education training. This training is not intended for those who have recently lost a loved one to suicide.

Sources of Strength (Evidence Based Program Created by Sources of Strength Youth Specific Upstream Prevention Program) 2 Days for implementation and then regular meetings must be facilitated for a year long program to be effective.

Crisis Intervention Training (Memphis Model created by Memphis University)

Crisis Intervention Training is built on community partnerships employing a community policing model. The Crisis Intervention Team is an elite, skilled group of officers who act as primary responders to behavioral health crisis calls.

Six Program Benefits Reported by NAMI Ohio:

Fewer injuries to police officers

Reduction in arrest rates and use of force incidents

Fewer repeat commitments to inpatient care

Reduction in patient violence

Less officer time involved per call

Reduction in jail days for offenders with mental illness